



Three great women you want to know! A Personal Message from Kutira

Kahua Newsletter

April/May 2009

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Bali Journey September 27-October 4.



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Kutira & Raphael

Aloha

As many of you know Bali has a special place in my heart and I would like to introduce you to three women who live and work for over 20 years in this magical world and are very dear to me.

Each of them has contributed in her own way to the well being of the people in Bali. I have had the great honor to work with them as well and can truly say it is a pleasure to invite you to visit

their website and read their stories, meet their creativity and dedication to what they do. You may feel moved to connect with one or the other or join me on my upcoming visit to Bali in September/October and meet them personally.

Kutira introduces you to....

Ibu Robin Lim

Robin and I met for the first time when she lived in Maui and worked as a midwife. She moved to Bali and created a natural birthing center and clinic. [Healthy Mother Earth Foundation](#), [Yayasan Bumi Sehat](#) is a place that supports young women and families in dis-stress. When you read her moving stories, your heart will be touched. She has been honored by the Indonesian Government and her reputation as a relief worker has gone far beyond the borders of Bali. She is a grand mother herself and would be interesting to find out how many little beings she has helped to come in to this world. Robin is in need of medicine and money for her birthing center and her volunteer program in Aceh.

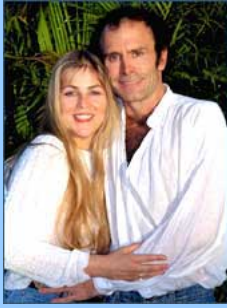


Claude Clement and her son Jay

Originally from Canada, Claude Clement lives in Canggu with her 13 year old son Jay and three dogs she rescued from the side of the road. If you have visited our Maui Retreat and wondered how I got all the incredible wood and stone carvings, furniture and building materials, it was with Claude's help and knowledge. She



speaks fluent Indonesian and has brought me to the most gifted artisans living in small villages. She created a wonderful website, [So Home Bali Design](#), where you can see some of her products from the villagers she



Kutira & Raphael are the directors of the Kahua Hawaiian Institute, est. 1985 on Maui.

[Link to full bio.](#)

"When I travel, it is to get outside of myself, to leave my normal constructions behind, shed the skin of my responsibility and unmask different parts of myself through immersion in a new way of life."

- Kutira Decosterd

supports.

Business has been very slow and not many sales recently. Her livelihood depends on her production. You are invited to call me anytime if you would like to have some more information regarding her service. I can only highly recommend her professionalism and her dedication to create your dreams within a budget that is possible.



Last but not least, my long time friend Sohana

A healer and a great designer....

Sohana is the local guide for our amazing retreats. She knows the culture and its people from the heart. Last year Sohana had brain surgery and lost her voice which is now slowly coming back again. Traveling has become more stressful to her body as well. Sohana needs ease in her life and the opportunity to market and sell her jewelry from her website.



Since the beginning she has helped me with the organization of my women retreats and couples journey. Her website, [Visionary Bali Jewelry](#), is a jewel itself. Enjoy the many creations and get to know the wonderful woman I have come to love as a sister.



TOGETHER WE ARE STRONG!

These three women are in need of financial support to continue what they love and do best. Here are some simple steps to support one or the other or all of them:

1. Gift yourself or a friend with Sohana's healing stone jewelry. Contact Sohana and find out when she has a show in the United States or invite her to your community for a showing of her art. [Visionary Bali Jewelry](#)
2. Visit Claude's website to enjoy the many wonderful creations she has to offer. Pass her website on to friends who always dreamt of getting some wonderful things custom made, but just needed that special connection. [So Home Bali Design](#)
3. Support Robin's charity to provide her outstanding service to the many needing families, especially the pregnant women. When you go to Bali bring some special vitamins for the nursing mothers, sign up for Robin's newsletter, stay in touch with her and tell a friend. [Healthy Mother Earth Foundation, Yayasan Bumi Sehat](#)

WHAT ELSE COULD YOU DO?

Join our next Bali retreat! Visit Robin's birthing center and meet the people of her village near Ubud. Get to know Sohana and let her pamper you with all the best healing and massage places you can only dream of. Meet Claude with her son Jay, hire her for your personal shopping and shipping, and you can be sure it will arrive safely at your doorstep at home.

You are welcome to contact me by email kutira@KahuaInstitute.com. or call me at 808 572 6006. If you would like to contribute to any of these women, I would be glad to assist you.

If you would like to find out more about the upcoming retreat in Bali click here [Mystic Bali](#). Raphael and myself will be honored to be your guide to an island where the veil between heaven and earth is very thin.

with love,
Kutira Decosterd

Thank you for passing this newsletter on to any of your friends.
YES, together we are strong!

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